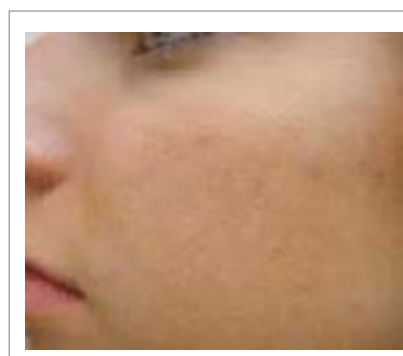


anubismed SKIN PEEL
FACIAL TREATMENT:
ANUBISMED SKIN PERFECTIONIST PEEL



anubimed SKIN PEEL

PREPARATION OF THE FACIAL TREATMENT: ANUBIMED SKIN PERFECTIONIST PEEL



Before starting the treatment, it must be confirmed that there is no allergy, skin problem, and/or contraindication that does not allow the session to be performed.

Fill out the consent form.

- Perform a skin diagnosis to determine the treatment protocol.
- Report any sensations the client may have during treatment, such as a slight burning sensation. The discomfort will peak at the time of neutralization and then will diminish rapidly.

1. The professional must wear gloves during the entire protocol.

2. First, the skin should be cleansed to remove all sebum and cellular residue from the surface. Use **Anubimed Moisturizing Cleanser**.



4. Lift the stretcher or sit up the patient at about **45 degrees**. Once the skin is clean, apply the product following the protocol, paying special attention to the timing.



6. After the time indicated in the table has gone by, **cover the eyes** with cotton disks soaked in water. **Neutralize** with **Anubimed Skin Neutralizer**, spraying at a minimum **distance of 25 cm**.



3. Prepare two syringes and fill them with the amount of **Azelaic Peel** and **Resorcinol Peel** indicated in protocols.

See next pages. to proceed with the selected protocol. It is very important to be precise with the times indicated by the diagnosis, so we suggest to have a stopwatch at hand before starting to apply each product.

5. Apply the product using the syringe. Spread the product **drop by drop** on the surface of the skin, distributing it with the help of a special brush for chemical peelings. Fan while it works.

7. The client may experience a **slight burning sensation** and the discomfort will peak at the time of neutralization. This sensation diminishes rapidly in a few seconds.



8. Cleanse the skin with **Anubismed Moisturizing Cleanser** very gently. Rinse with water.



9. With the help of a brush, apply a slightly thick layer of **Anubismed Hyaluronic Cream** as a mask.



10. Without removing the cream, then apply the **Anubismed Post-repair Calming Mask**. Leave it on for 20 minutes to soothe, repair, protect, and moisturize the skin. Remove it with a spatula. As a final step, apply **Anubismed 50+ Protection Fluid Emulsion**.

Anubis Cosmetics is not responsible for the misuse or incorrect application of the ANUBISMED SKIN PERFECTONIST PEEL treatment.

anubismed SKIN PEEL

PRECAUTIONS OF USE

ANUBISMED SKIN PERFECTONIST PEEL

NEVER neutralize the peelings **directly on the skin**.

Before neutralizing, cover the eyes with cotton discs soaked in water and neutralize at a distance of 25 cm, **never closer**.

anubismed SKIN PEEL
FACIAL TREATMENT
ANUBISMED SKIN PERFECTIONIST PEEL



(Image showing the skin renewal process)

AnubisMed Skin Perfectionist Peel Method

Medical aesthetic treatment combining Anubismed Azelaic Skin_Peel and Anubismed Resorcinol Skin_Peel with tissue engineering therapy.

Professional chemical peelings containing a powerful concentration of acids with great renewing and rejuvenating properties, which guarantee extraordinary results from the very first session.

And, to accompany this new collection of professional medical-aesthetic peelings in the cabin, ANUBISMED has developed an exclusive kit so that professionals have everything they need to apply the protocol.

Their main objective is to create a minimal controlled tissue necrosis that stimulates the formation of new tissue. The removal of the stratum corneum involves, not only the elimination of certain skin lesions, but also epidermal growth stimulated by the inflammatory reaction originated in the lower layers.

The most gentle peelings accelerate the renewal of the stratum corneum, while the most aggressive peelings cause necrosis and inflammation of the epidermis and/or dermis in greater or lesser depth. Anubismed peels are indicated to complement and enhance the results of other aesthetic procedures such as laser, intense pulsed light, electroporation, and injectable treatments.

This practical guide contains clinically relevant information, presented in a simple format.

anubismed SKIN PEEL

PREPARATION OF THE FACIAL TREATMENT: ANUBISMED SKIN PERFECTIONIST PEEL

RECOMMENDATIONS TO THE CLIENT BEFORE THE SESSION:

- It is very important to determine the protocol with a previous diagnosis. It is also necessary to make sure if the client wants, and is able, to undergo a more or less deep renewal.

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_Protocol 1

sensitive skin with rosacea
and active acne

Grade 6



Indications: Reactive skin

- ✓ Active and pustular acne
- ✓ Skin texture with imperfections and visible pores
- ✓ Rosacea
- ✓ Redness



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_Protocol 2

Skin with acne marks
and fine skin wrinkles

Grade 8



Indications: Thin skin

- ✓ Superficial acne marks
- ✓ Post-inflammatory marks
- ✓ Wrinkles on thin and non-sensitive skin
- ✓ Sagging in thin and non-sensitive skin



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_Protocol 3

skin with wrinkles and
flaccidity (resistant skin)

Grade 10



Indications: Mature or thick skin

- ✓ Wrinkles
- ✓ Sagging
- ✓ Highly visible hypertrophic acne marks



- Sun exposure 24 hours before treatment is not recommended.
- Before starting the treatment, the importance of after-care at home should be explained to the client as it is essential to obtain the desired results.
- After the treatment the skin may feel slightly tight, but at the same time very smooth and soft. The client may also feel a slight superficial anesthesia when the skin is lightly touched (a numbing sensation).
- During the week after the treatment, the skin will undergo a cellular renewal process that will result in exfoliation (by scaling), which may be imperceptible, light, or moderate, depending on the type of skin and its condition.

- The peeling can be applied very gently, with almost no flaking of the skin, or it can be applied more strongly so that the skin flakes moderately. Regarding the desquamation, it results from the removal of the outermost layer of the skin, composed of dead skin cells.
The flaking will be visible 2 to 4 days after treatment. In some patients redness may occur, accompanied by burning sensation and/or itching, indicating slight skin irritation, which should not be a cause for concern, as it will disappear spontaneously within a few days (over a period of 3-7 days).

COMMON MATERIALS TO PREPARE BEFORE THESE TREATMENTS:

- Syringe to extract and apply the peel.
- Anubismed Moisturizing Cleanser and Anubismed Skin Preparer.
- Anubismed Azelaic Skin_Peel and Anubismed Resorcinol Skin_Peel.
- Muslin to cleanse the skin.
- Gloves and mask for the professional.
- Fan or electric hand fan.
- Anubismed Post-Repair Calming Mask and Anubismed HA+ Hyaluronic Cream.
- Anubismed 50+ Protection Fluid Emulsion.

_Protocol 1

sensitive skin with rosacea
and active acne

Grade 6



PROTOCOL 1: Double peeling technique.

SENSITIVE SKINS, WITH ROSACEA, AND ACTIVE ACNE

NUMBER OF RECOMMENDED SESSIONS: **4 sessions.**

INTERVAL BETWEEN SESSIONS RECOMMENDED:

7 days, with a maximum of 4 sessions.

After that, there will be a 4 to 6 month break.

SKIN PREPARATION:
CLEANSING WITH ANUBISMED MOISTURIZER CLEANSER



DOUBLE PEELING:
ANUBISMED AZELAIC SKIN_PEEI **10 MIN, 2ml (neutralize)**
ANUBISMED AZELAIC SKIN_PEEI **10 MIN, 2ml**
ANUBISMED SKIN NEUTRALIZER
CLEANSING WITH ANUBISMED MOISTURIZER CLEANSER



POST-TREATMENT PRODUCTS:
ANUBISMED HYALURONIC CREAM - **USE AS A MASK**
ANUBISMED POST-REPAIR CALMING MASK
ANUBISMED 50+ PROTECTION FLUID EMULSION



AFTER-CARE AT HOME:
REGENERATIVE THERAPY



+



It is equally important to follow the protocol both in the cabin and at home.

- ANUBISMED SKIN REGENERATING COCKTAIL: **6 DROPS PER DAY, THE FIRST 3 DAYS.**
- HYALURONIC CREAM or HYALURONIC SERUM (**ACCORDING TO SKIN TYPE**): **DAILY USE, MORNING AND NIGHT.**
- POST- REPAIR CALMING MASK (**AS A SLEEPING MASK**): **AT NIGHT (THE FIRST 3 DAYS).**
- 50+ PROTECTION FLUID EMULSION: **DAILY, IN THE MORNING.**

_Protocol 2

Skin with acne marks
and fine skin wrinkles

Grade 8



PROTOCOL 2 Double peeling technique.

ON FINE SKIN WITH ACNE MARKS AND/OR WRINKLES

NUMBER OF RECOMMENDED SESSIONS: 4 sessions.

INTERVAL BETWEEN SESSIONS RECOMMENDED:

7 days, with a maximum of 4 sessions.

After that, there will be a 4 to 6 month break.

SKIN PREPARATION:
CLEANSING WITH ANUBISMED MOISTURIZING CLEANSER



DOUBLE PEELING:
ANUBISMED AZELAIC SKIN_PEEI 10 MIN. 2ml. (neutralize)
ANUBISMED RESORCINOL SKIN_PEEI 1 MIN. 1ml.
ANUBISMED NEUTRALIZER
CLEANSE WITH ANUBISMED MOISTURIZING CLEANSER



POST-TREATMENT PRODUCTS:
ANUBISMED HYALURONIC CREAM - **USE AS A MASK**
ANUBISMED POST-REPAIR CALMING MASK
ANUBISMED 50+ PROTECTION FLUID EMULSION



AFTER-CARE AT HOME:
REGENERATIVE THERAPY



+



It is equally important to follow the protocol both in the cabin and at home.

- ANUBISMED SKIN REGENERATING COCKTAIL: **6 DROPS PER DAY, THE FIRST 3 DAYS.**
- HYALURONIC CREAM or HYALURONIC SERUM (ACCORDING TO SKIN TYPE): **DAILY USE, MORNING AND NIGHT.**
- POST- REPAIR CALMING MASK (AS A SLEEPING MASK): **AT NIGHT (THE FIRST 3 DAYS).**
- 50+ PROTECTION FLUID EMULSION: **DAILY, IN THE MORNING.**

_Protocol 3

skin with wrinkles and
flaccidity (resistant skin)

Grade 10



PROTOCOL 3 Double peeling technique.

SKIN WITH WRINKLES AND SAGGING (RESISTANT SKIN)

NUMBER OF RECOMMENDED SESSIONS: 4 sessions.

INTERVAL BETWEEN SESSIONS RECOMMENDED:

7 days, with a maximum of 4 sessions.

After that, there will be a 4 to 6 month break.

SKIN PREPARATION:

CLEANSING WITH ANUBISMED MOISTURIZING CLEANSER



DOUBLE PEELING:

ANUBISMED AZELAIC SKIN PEEL 10 MIN. 2ml. (neutralize)

ANUBISMED RESORCINOL SKIN PEEL 2 MIN. 2ml.

ANUBISMED NEUTRALIZER

CLEANSE WITH ANUBISMED MOISTURIZING CLEANSER



POST-TREATMENT PRODUCTS:

ANUBISMED HYALURONIC CREAM - **AS A MASK**

ANUBISMED POST-REPAIR CALMING MASK

ANUBISMED 50+ PROTECTION FLUID EMULSION



AFTER-CARE AT HOME:

REGENERATIVE THERAPY



+



It is equally important to follow the protocol both in the cabin and at home.

- ANUBISMED SKIN REGENERATING COCKTAIL: **6 DROPS PER DAY, THE FIRST 3 DAYS.**
- HYALURONIC CREAM or HYALURONIC SERUM (**ACCORDING TO SKIN TYPE**): **DAILY USE, MORNING AND NIGHT.**
- POST- REPAIR CALMING MASK (**AS A SLEEPING MASK**): **AT NIGHT (THE FIRST 3 DAYS).**
- 50+ PROTECTION FLUID EMULSION: **DAILY, IN THE MORNING.**

ANUBISMED SKIN PERFECTIONIST PEEL

AFTER-CARE AT HOME

Mandatory for 3 days after treatment

After the treatment of Anubismed Skin Perfectionist Peel the following products must be prescribed for use at home, postponing the use of the usual daily products.

Once the treatment is finished, it is not recommended to use make-up for the next 12 hours.

HOME CARE PROTOCOL DURING TREATMENT

1. Apply a few drops of ANUBISMED BIOTECH ASG_ twice a day (day and night) during the first 3 days, just after the cabin treatment.







Cocktail based on Native Whartonide®, a biomaterial rich in growth factors that captures and promotes fibroblasts and contains a mixture of pure Glycosaminoglycans of natural origin obtained by biotechnology. Enhanced with Hyaluronic Acid. Regenerates the fundamental components of the extra cellular matrix (fibroblasts, collagen, elastin, and hyaluronic acid) and enhances tissue repair.

Then apply the following products:

			
			
REINFORCEMENT	MOISTURIZING	EYE CONTOUR	PROTECTION
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<p>Concentrated serum with a fluid texture and fast absorption. Its formulation, based on hyaluronic acid molecules of different molecular weights, provides an increase in tissue water reserves. Skin elasticity and hydration are visibly improved, resulting in a more youthful and vital appearance.</p>	<p>Moisturizing cream with a soft and melting texture. Its formulation, based on hyaluronic acid molecules of different molecular weights, provides an increase of water reserves in the tissue, improving elasticity, softness and hydration of the skin.</p>	<p>Concentrate with serum texture that is quickly absorbed and specifically treats the eye and lip contour area. Its formulation, based on hyaluronic acid molecules of different molecular weights, provides an increase in water reserves in the tissue, which gives extra hydration that reduces the number of wrinkles in these areas.</p>	<p>Fluid and high photoprotective emulsion. Combination of latest generation filters that offer daily sun protection from UVC, UVB, UVA, IR-A, and visible HEVs. Repairs, regenerates, and moisturizes the skin. Especially indicated for sensitive, delicate, and/or reactive skin.</p>

Optional additional products:

	
	
RENEWING CREAM	NOURISHING CREAM
RETINOL CREAM 1.0	SOS CREAM
<p>Night cream with highly concentrated encapsulated pure retinol. Generates cell renewal, improves uneven skin texture, minimizes the appearance of pores and all signs of aging.</p>	<p>Cellular defense moisturizing cream. Cream specifically formulated for skin prone to redness and hypersensitivity. It also has antioxidant and anti-aging properties.</p>

GENERAL REMARKS

ANUBISMED RESORCINOL SKIN_PEEL

- 2% hexyl-resorcinol
- 2% salicylic acid
- 34% glycolic acid
- 10% citric acid
- 10% lactic acid

Warnings:

- Professional use.
- Direct supervision is required during the whole treatment.
- Do not expose the product for more than 3 minutes.
- Use the neutralizer by spraying 25 cm from the face and remove.
- After treatment apply sunscreen with high SPF.
- Do not ingest.
- Topical use.

ANUBISMED AZELAIC SKIN_PEEL

- 14% azelaic acid
- 2% salicylic acid

Warnings:

- Professional use.
 - Direct supervision is required during the whole treatment.
 - Do not expose the product for more than 10 minutes.
 - Use the neutralizer by spraying 25 cm from the face and remove.
 - After treatment apply sunscreen with high SPF.
 - Do not ingest.
 - Topical use.
-

- There may be swelling or the appearance of hematoma in the treated area.
- The appearance of nodules or small prominences in the skin is very rare (they would go away within 1-2 days).
- The presence of white spots on the skin could mean the appearance of millium cysts or infected areas.
- Very reactive skins usually present itching or general redness, which disappears within 1-2 days.
- It is possible to feel a slight warm sensation on the skin, which may be accompanied by redness or itching depending on the intensity of the treatment.
- During the 3 following days after the treatment, the skin may appear dry or with slight flaking depending on the type of skin, which will be controlled by the home care products.
- **It is important to use a high sun protection factor the days after the treatment.**

After completing the cycle of treatments with **anubismed SKIN PERFECTIONIST PEEL**, a rest period of 4 to 6 months should be required before reapplying this technique.

Anubis Cosmetics is not responsible for any possible consequences resulting from the improper use of **anubismed SKIN PERFECTIONIST PEEL**.